

ICSES & ACPES 2026

*"Active Living for a Sustainable Future:
Integrating AI in Sports Science, Physical Education, Recreation, and Holistic Health"*
October 14–16, 2026 | Bangkok, Thailand

PAPER TITLE - MAXIMUM 15 WORDS

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ABSTRACT

The abstract should concisely summarize the paper in 250-300 words. It should include: (1) Background and objectives, (2) Methods, (3) Main results, and (4) Conclusions. Do not include references or abbreviations in the abstract. Write in past tense for completed research. The abstract should be self-contained and allow readers to understand the key contributions of your work without reading the full paper

Keywords: keyword one, keyword two, keyword three, keyword four, keyword five (3-5 keywords)

1. Introduction

The introduction should clearly state the research problem, objectives, and significance of the study. Provide sufficient background information and review relevant literature to contextualize your work. End with a clear statement of your research questions or hypotheses.

Use in-text citations in APA format (Author, Year) or (Author & Author, Year). For three or more authors, use et al. after the first citation. Example: Smith and Jones (2023) found that... or Recent studies (Smith et al., 2024) have shown...

2. Methods

2.1 Research Design

Describe your research design: experimental, quasi-experimental, cross-sectional, longitudinal, qualitative, or mixed methods.

2.2 Participants

Describe your sample including number, key demographic characteristics, and sampling method. Example: Forty-five university students ($N = 45$; 23 female, 22 male; $M_{\text{age}} = 20.5$ years, $SD = 1.8$) were recruited through convenience sampling.

2.3 Instruments/Materials (if applicable)

List and briefly describe the main instruments, tests, equipment, or materials used. Include reliability/validity information if using standardized measures.

2.4 Procedures (if applicable)

Summarize the key steps of your study procedures. Be concise but include essential details about what participants did and how data were collected.

2.5 Data Analysis

Specify the statistical tests or analysis methods used. Example: 'Data were analyzed using independent samples t-tests with $\alpha = 0.05$ ' or 'Thematic analysis following Braun and Clarke's (2006) approach was employed.

3. Results

Present your findings objectively without interpretation. Use tables and figures to summarize data effectively. Refer to all tables and figures in the text.

Captions above tables, below figures

Example: Table 1 presents the descriptive statistics for all variables. The experimental group showed significantly higher scores ($M = 82.4$, $SD = 6.2$) compared to the control group ($M = 74.1$, $SD = 7.8$), $t(60) = 4.52$, $p < .001$, Cohen's $d = 1.16$.

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Table 1 Descriptive Statistics for Study Variables

Variable	<i>M</i>	<i>SD</i>	Range
Variable 1	82.4	6.2	70-95
Variable 2	74.1	7.8	62-88

4. Discussion

Interpret your main findings in relation to your research objective and existing literature. What do these results mean? Do they support or contradict previous research?

5. Conclusion

End with a concise summary of your main contribution and perhaps direction for future research.

Acknowledgments (if applicable)

[Optional: Acknowledge funding sources, institutional support, or individuals who contributed but are not authors. This section can be omitted if not applicable.]

References

List all references in APA 7th edition format. Include DOI when available.

Author, A. A., Author, B. B., & Author, C. C. (2024). Title of article in sentence case. *Journal Name in Title Case and Italics*, Volume (Issue), page-page. <https://doi.org/xx.xxxx/xxxxx>

Author, D. D., & Author, E. E. (2023). *Book title in sentence case and italics* (2nd ed.). Publisher Name.

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FORMATTING GUIDELINES

- **Length:** 6-8 pages including all figures, tables, and references
- **Font:** Times New Roman, 14-point for the title and 12-point for the main text
- **Line Spacing:** 1.5 lines
- **Alignment:** Justified
- **Paper Size:** A4 (210mm × 297mm)
- **Margins:** 2.5 cm (1 inch) on all sides
- **Citation Style:** APA 7th edition
- **File Format:** Microsoft Word (.docx)